

Happy New Year! What Next?

Every year is the same. We start out with a list of resolutions and then feel so overwhelmed with where to start, we soon are back to playing catchup and maybe complete one or two items on our list as the rest linger on. That may not be the case for a lot of you, but that is the case in my personal life. With that being said, what is next for New Healthcare Concepts?

I've learned over the years to not look at the whole to-do list at once or you will be overwhelmed and not able to stay sane. Here is what I do to keep it in the road and not keep swerving back and forth wildly, however, I do go back and forth some.

Currently, I have 83 items on my to-do list for New Healthcare Concepts. Some, I'm sure are not on the list, however, where to start? Even if you list what is priority and what is not, you are still left with a huge list. What we concentrate on at NHC is the priority(s) at hand. Here are our priorities for 2022 while still working on the project as a whole.

- We will complete our 3-month intensive training in January on developing a sustainable strategic fundraising plan and will start working on implementing such.
- We will be starting with the architect a feasibility study for our adult daycare which will include two sites, one in Cabarrus County and one in Rowan County.
- Our architect is finishing up our last daycare corridor sketch and we can't wait to share it with you!
- Increase our volunteer base

Of course, in addition to all the above, our project manager will be working actively on each task force committee and moving forward with each committee's short and long term goals. We are excited about what 2022 brings and hope you all will continue with us on our journey and help us spread the word. We cannot do this without you! Please call our Founder, Susan Stirewalt at (704) 273-7476 if you can spend some time during your month to volunteer with our organization.

Happy New Year everyone and remember to keep your to-do list going and pick the most important at the moment and go for it!

 , Founder

And The Winner Is...



The December Recurring donation contest is now closed, and the winner is Gwen Whitley! Gwen was our first recurring donor and has been supporting NHC with her prayers and financial support since we started. It is because of donors like Gwen that we are successful thus far. Congratulations Gwen! Your \$100 gift card will be mailed soon!!



Name Our Newsletter Contest

We have received several suggestions for our newsletter name and will be reviewing them in January and announcing the winner in our February newsletter. Stay tune!



New Year-a new chapter, new verse, or just the same old story? Ultimately, we write it. The choice is ours.

- Alex Morritt

Let's Talk Dementia

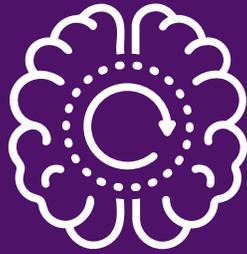
What if you could have a support system that was always there for you? Let's Talk Dementia does just this - they offer FREE dementia education and caregiving resources so no one should ever feel alone when it comes to taking on these responsibilities.

Let's Talk Dementia
seniorlifejourneys.com



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Steps to Approach Memory Concerns in Others

It can be difficult to know what do or say when you notice changes in friends, family members and others close to your heart. Although it's natural for us all feel uncertain about how best offer support - these fluctuations could mean something significant has happened! Use this guide from The Alzheimer's Association as a way of feeling more confident with taking action towards assessing the situation while knowing that an appropriate response will help them get through tough times ahead

Access the Situation

Take Action Through Conversation

Reach Out For Help

alzheimer's  association®