



One Daughter's Story

by Kim Stirewalt

I want to tell you a little bit about my mom. She was a beautiful person inside and out. She had a wonderful smile and loved meeting people. She worked for 20 years at a veterinarian office & then started dog sitting for others. She enjoyed riding motorcycles, going to the beach, and working in her yard.

I will never forget the day that she was diagnosed with Alzheimer's at the age of 64. I thought, "Why my mom? My best friend that I shared everything with on a daily basis." I felt so upset and had some anger thinking about the whole thing. I thought, "How much time will I have and what if she forgets me?" I thank God above that she still knew me and my step-dad until the day the good Lord took her into his arms to Heaven.

As time was going by and her body and mind were changing, I would do more for her to try and make her feel more comfortable. I would try to make her smile and talk about when I was young and how the roles have changed. I was now the mother and she was my child.

I would like to share a few things with anyone who is going through this with a loved one. Enjoy & cherish the time you have with them, even if they don't remember you as well. Play music that they loved; dance with them until they can't dance anymore. It really does help.

My mom was a strong, independent woman and never selfish. I learned a lot from her and I know that I am everything I am because of her and was blessed to have her as my mother.



Steve & Judy Stafford



Judy with daughter, Kim

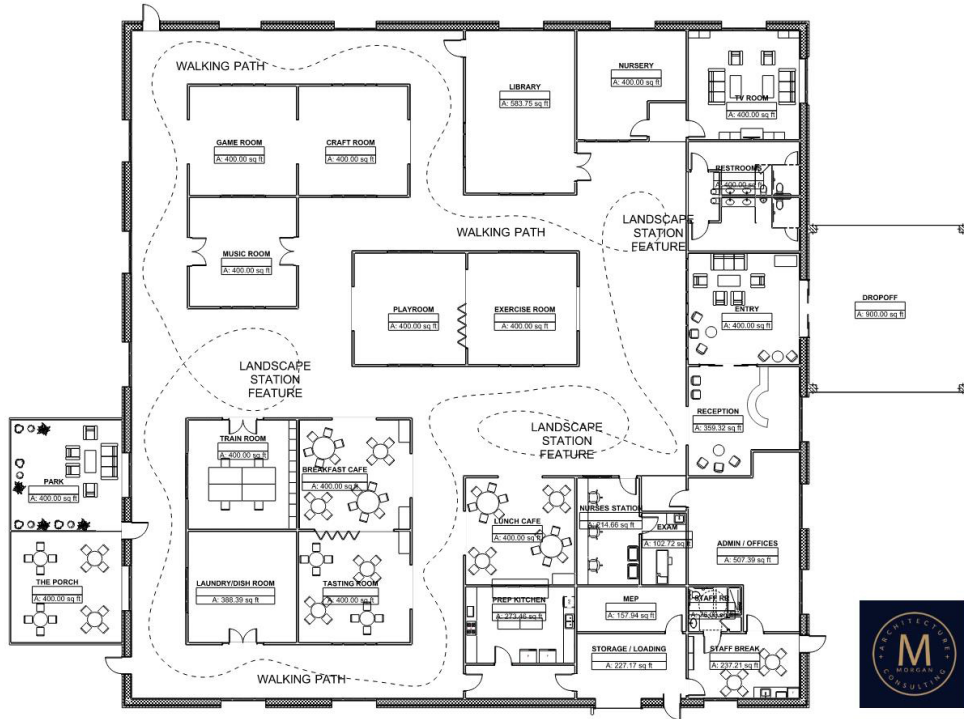
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Check out the floor plan for our new concept adult daycare "The Country Club"

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Faith's Corner

Hey y'all! Welcome back to Faith's Corner!



If you have ever been to a nursing home, whether it was to visit a family member or to gain some volunteer experience, you will find that there are varying opinions about such places from residents. The staff from skilled nursing homes face many issues.

When my Pawpaw was in the nursing home, my family and I got to know many of the nurses and CNAs. Both ourselves and the care staff would work together to give my Pawpaw the best care. They had so much to do that it seemed like they were running around like chickens with their heads cut off. The nurses had to administer medication and specialized care such as IV fluids. By the time they gave out one round, it was time to start a new round.

Certified Nursing Assistants had even more to do from feeding residents to giving baths. I saw that the care staff had a difficult time spending individualized time with each resident in the same way that family would. The nurses and CNAs loved my Pawpaw but having to take care of even a dozen or more residents can become taxing on both the care staff and their families. The most amazing part was that they treated my Pawpaw and the other residents as if they were their own family despite the many tasks that stood before them.

Looking back at the actions and challenges that nurses and CNAs work through every day inspires me even now. Healthcare staff work every shift to complete necessary tasks such as feeding and providing medication for residents. In between these tasks, they make time to treat their residents as if they were their relatives. Care staff attempt to treat each resident in the same manner without care of their social class or their background.

Join me in my journey seeing a whole new world in senior care.

"Thoughts from the Founder"

As I'm thinking of a friend in the hospital fighting for her life, I reflect approximately 6 years ago when my husband and I were doing the same. We were blessed that we each survived and are thankful. During our journey to recovery, I was fortunate to be able to spend three months in a skilled nursing facility! Really! Why would I be happy with that? Because I was blessed to experience upfront the lifestyle of a skilled nursing environment and how being in this healthcare situation affects all areas of your life from the residents, staff, and family members to the insurance drama that is so relevant in healthcare facilities today. Now, I'm focused on the care my friend will be receiving during her recovery. Will she spend time in a skilled nursing facility for rehab?

New Healthcare Concepts realizes we all may cross this same path during our lifetime and we want to assure you have the best place possible to come if you are ever in this situation. Join us in our mission to change the standards of healthcare in skilled nursing facilities, adult daycares, and senior apartment living. Be a part of our family. Check out our website for our mission and information on our projects. Do not hesitate to contact us directly to chat and become a member of our NHC family! *Susan Stirewalt, Founder*

